

Roe Valley Integrated PS 2017-18

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 04/09, 02/10, 30/10, 27/11, 25/12, 22/01, 19/02, 19/03, 16/04, 14/05, 11/06	Oven Baked Sausages Chicken Paninis Baked Beans Pasta Salad Salad Platter Mashed Potato Flakemeal Biscuit Custard Fruit RMF	Home Made Chicken Goujons Savoury Pasta Peas Salad Platter Mashed Potato Jelly Ice-Cream Fruit RMF	Chicken Curry & Rice Oven Baked Breaded Salmon Mixed Vegetables Salad Platter Mashed Potato Chocolate & Orange Sponge Fruit / Custard RMF	Roast Pork / Gammon Gravy / Apple Sauce Stuffing Cabbage / Carrots Oven Roast / Mashed Frozen Mousse Fruit H	Home Made Beef Burger In Bap Spicy Noodles Peas / Sweetcorn Chips Mashed Potato Salad Fruit Muffin Fruit Juice
Week 2 11/09, 09/10, 06/11, 04/12, 01/01, 29/01, 26/02, 26/03, 23/04, 21/05, 18/06	Spaghetti Bolognaise Oven Baked Breaded Whiting Mixed Vegetables Mashed Potato Salad Platter Date Square Custard Fruit	Cheese & Tomato Pizza Chicken Curry & Rice Sweetcorn Mashed Potato Coleslaw Crackers Cheese Fruit RMF/H	Roast Chicken / Turkey Stuffing & Gravy Carrots / Broccoli Oven Roast / Mashed Tossed Salad Ice-Cream Jelly Fruit RMF/H	Fish Bites Lasagne Peas Tossed Salad Herb Diced Potato Mashed Potato Decorated Sponge Custard Fruit	Hot Dogs Stuffed Bacon Rolls Baked Beans Chips Mashed Potatoes Salad Platter Frozen Mousse Fruit
Week 3 18/09, 16/10, 13/11, 11/12, 08/01, 05/02, 05/03, 02/04, 30/04, 28/05, 25/06	Chicken Curry & Rice Cheese & Tomato Pizza Carrots / Peas Mashed Potato Baby Boiled Salad Platter Shortbread Biscuit Custard Fruit RMF/H	Oven Baked Fish Fingers Cottage Pie Peas Mashed Potato Baby Boiled Salad Platter Chocolate & Pear Sponge Custard Fruit	Roast Chicken / Turkey Gravy / Stuffing Oven Roast / Mashed Broccoli / Carrots Tossed Salad Strawberry Mousse Yoghurt Fruit RMF/H	Home Made Chicken Goujons Spaghetti Bolognaise Sweetcorn Coleslaw Mashed Potato Ice-Cream & Chocolate Sauce Fruit	Oven Baked Sausages Spicy Chicken Wraps Baked Beans Chips Mashed Potato Salad Flakemeal Biscuit Fruit Juice
Week 4 25/09, 23/10, 20/11, 18/12, 15/01, 12/02, 12/03, 09/04, 07/05, 04/06	Chicken Tikka Masala & Rice Oven Baked Fish/Coddies Peas Salad Mashed Potato Crackers Cheese Fruit RMF	Irish Stew Pizza / Panini Mixed Vegetables Mashed Potato Salad Chocolate & Orange Cookies Custard Fruit H	Oven Baked Sausages Chicken Pasta Bake Beans Mashed Potato Coleslaw Decorated Fruit Sponge Strawberry Sauce Fruit RMF	Roast Beef / Gammon Stuffing / Gravy Carrot / Turnip Oven Roast / Mashed Tossed Salad Fruit Muffin Fruit Juice H	Home Made Beef Burger In Bap Chicken Bites Sweetcorn Chips / Mashed Potato Salad Ice-Cream Tub Fruit

school food

Try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If you require any additional information on allergens or special diets please contact the school in the first instance.

